



**IL CERVELLO CHE CAMBIA 7**  
**Sabato 11 novembre 2017**  
Genova, Aula Magna Clinica Neurologica

QUEST'ANNO HO LETTO UN ARTICOLO  
CHE MI HA APERTO GLI OCCHI SU...

## PET con traccianti per Amiloide

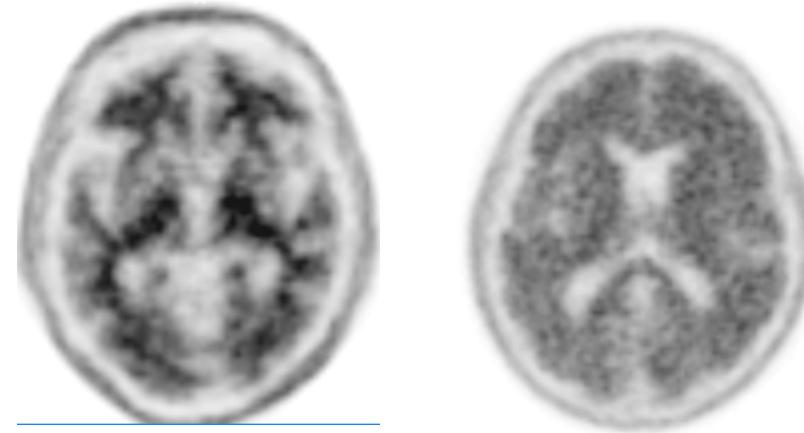
Silvia Morbelli



UO Medicina Nucleare  
Ospedale Policlinico San Martino  
Dipartimento di Scienze della Salute  
Università' di Genova

# Articolo su Amyloid PET: come lo avrei voluto...

## Ruolo Diagnostico



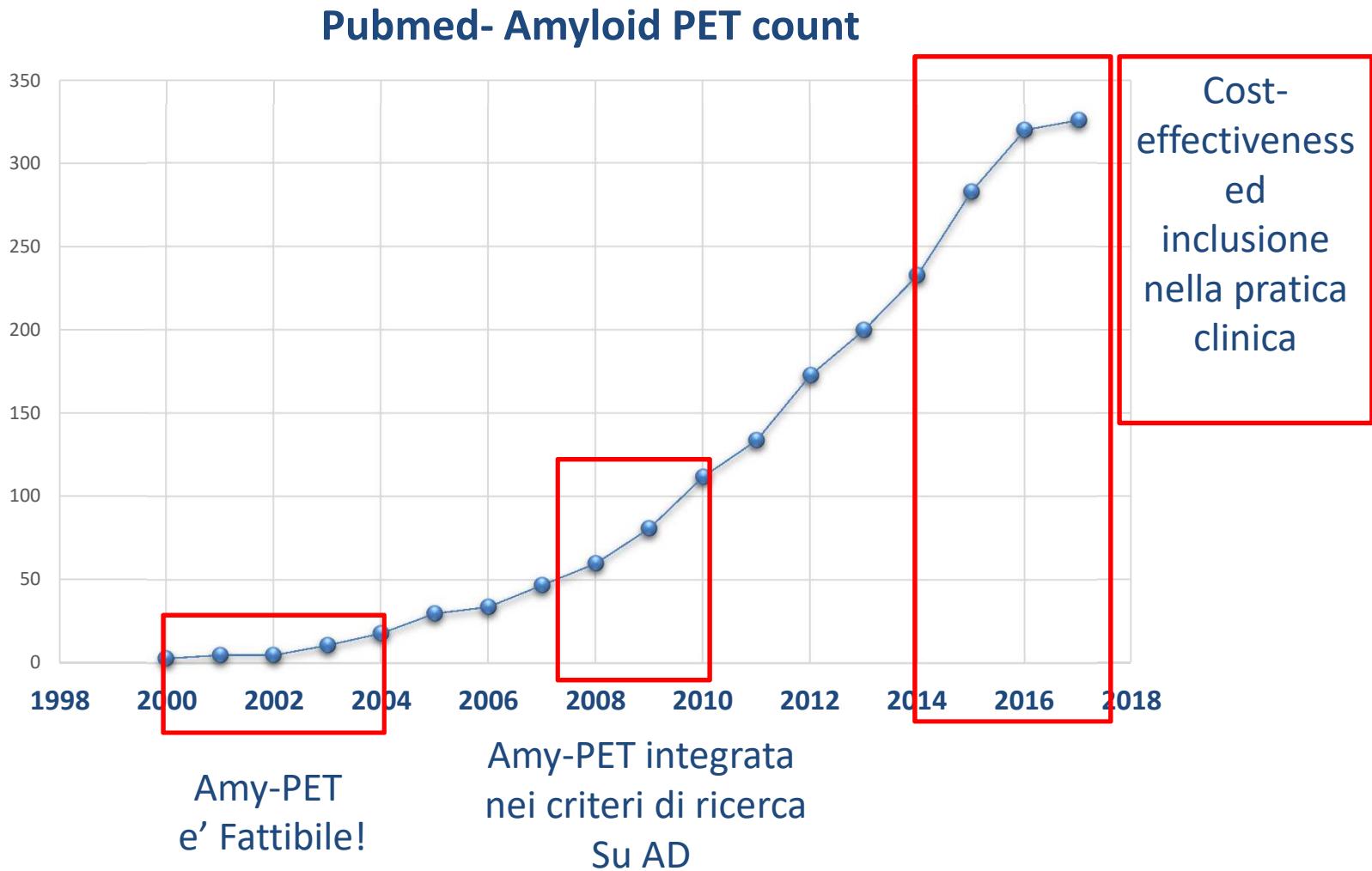
Potenziale  
ruolo nello  
sviluppo di  
nuove strategie  
terapeutiche

Prevalenza/Rilevanza  
nell'invecchiamento  
fisiologico

Impatto sulla  
gestione clinica dei  
pazienti con AD

Rilevanza Fisiopatologica  
nell'AD

# Un articolo letto nell'ultimo anno su Amyloid PET





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Potenziale ruolo  
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terapeutiche

Ann Neurol 1988;23:138–144

Clinical, Pathological, and  
Neurochemical Changes in Dementia:  
A Subgroup with Preserved Mental Status  
and Numerous Neocortical Plaques

Robert Katzman, MD,\* Robert Terry, MD,\* Richard DeTeresa, BS,\* Theodore Brown, PhD,†  
Peter Davies, PhD,‡§ Paula Fuld, PhD,|| Xiong Renbing, MA,† and Arthur Peck, MD,¶

Impatto sulla gestione  
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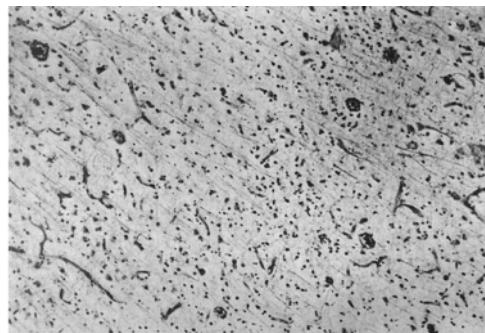
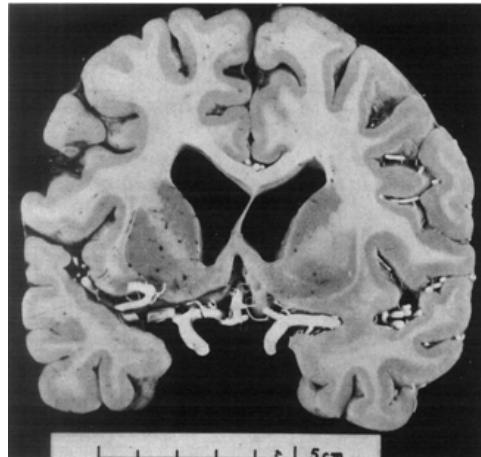
# Background Diagnóstico

Observations on the Brains of Non-Demented Old People

B. E. TOMLINSON, G. BLESSED AND M. ROTH

*Medical Research Council Group on the Relationship between Functional and Organic Psychiatric Illnesses, Department of Psychological Medicine, University of Newcastle upon Tyne, and Department of Pathology, Newcastle General Hospital, Newcastle upon Tyne (Great Britain)*

(Received 16 February, 1968)



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Ann Neurol 1988;23:138-144

*Brit. J. Psychiat. (1968), 114, 797-811*

The Association Between Quantitative Measures of Dementia  
and of Senile Change in the Cerebral Grey Matter of  
Elderly Subjects

By G. BLESSED, B. E. TOMLINSON and MARTIN ROTH

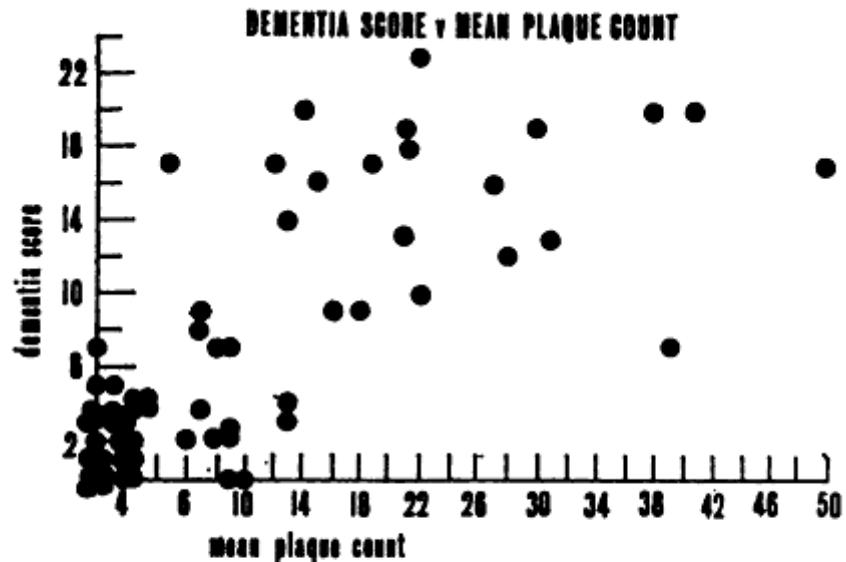
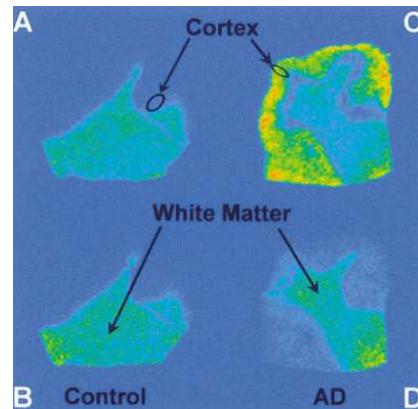


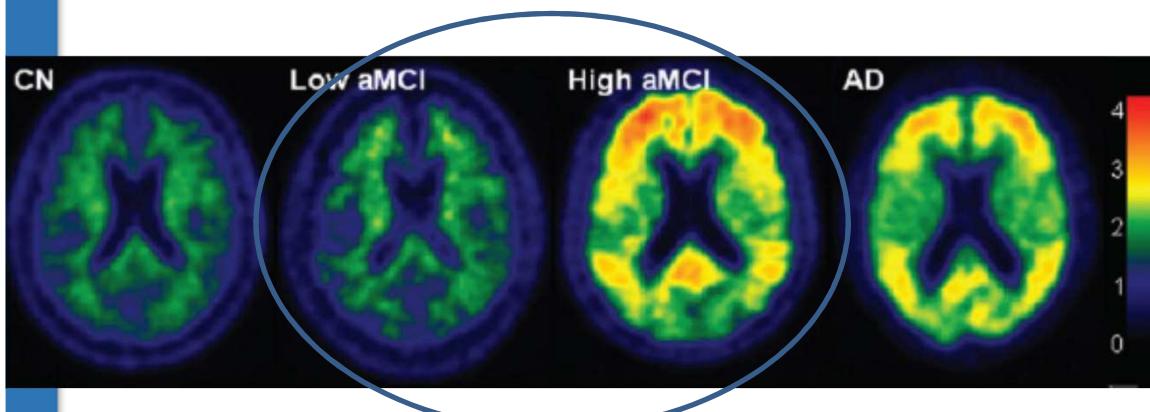
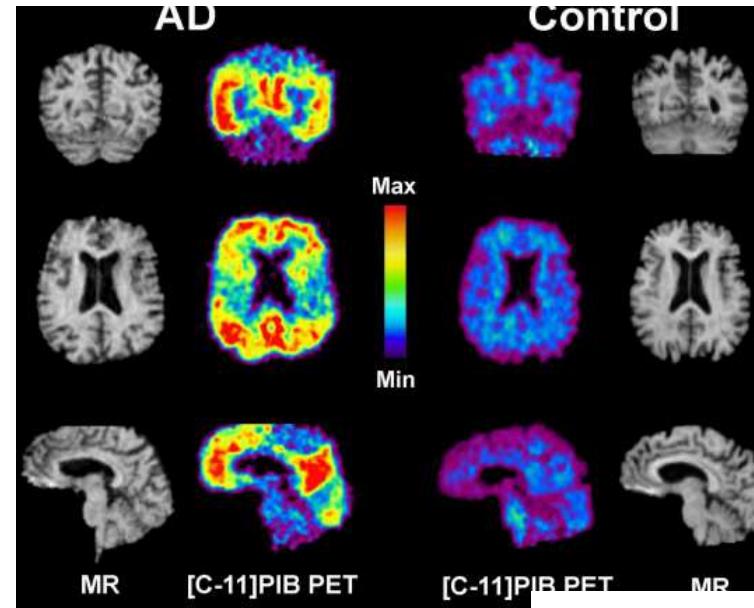
FIG. 3.—Relationship of dementia score to mean plaque count in 60 aged subjects.

# Background Diagnostico

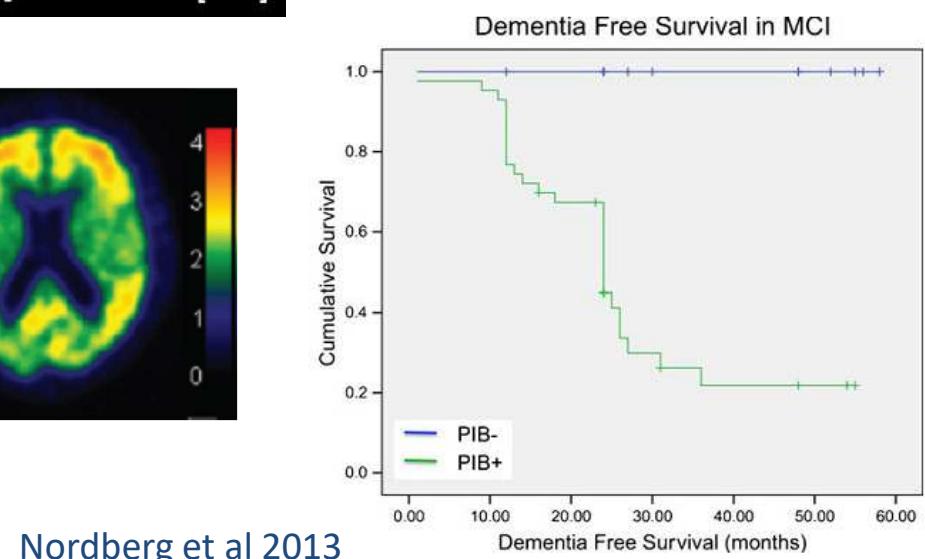


post-mortem

Ann Neurol 2004;55:306–319



Jack et al Brain 2008



Nordberg et al 2013

# Scopi e Metodi

Clinical, Pathological, and  
Neurochemical Changes in Dementia:  
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and Numerous Neocortical Plaques

Ann Neurol 1988;23:138–144

137 resident in a nursing facility subjects who underwent postmortem examination

**To assess** the correlation between mental status scores and plaque and tangle counts

**To correlate** pathology with Memory (Recall) and Fluency scores

**To compare** results with computer-assisted counts of cells in neocortex, and measures of the neurotransmitter markers choline acetyltransferase (ChAT) activity

# Risultati:

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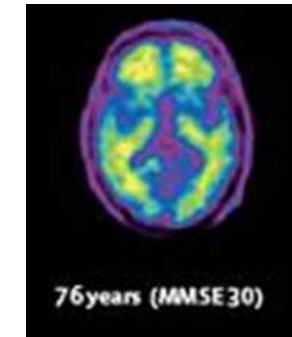
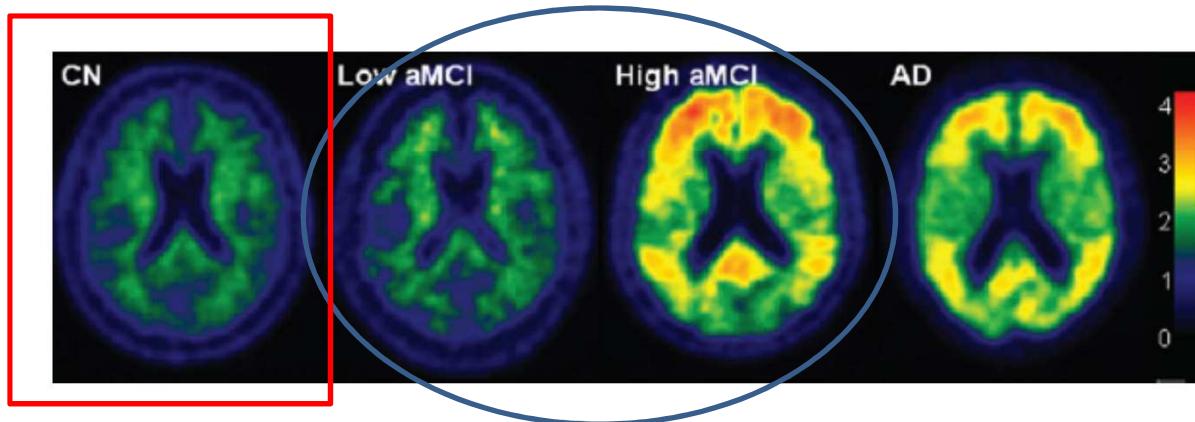
Ann Neurol 1988;23:138–144

Clin. Dx	Normal	<u>Demented</u>	Demented	<u>Normal</u>
Path Dx	No AD	AD	No AD	AD
N	10 (9)	51 (25)	12 (20)	5 (5)
Age	84 (n=19)	86 (n=76)	86 (n=32)	87 (n=10)
Sex	17F	62F	25F	7F
BIMC	4	23	19	4
Retrieval	5	2	3	5
Fluency	30	13	14	25

“10/137 cases of cognitively normal elders who were discovered to have advanced AD pathology in their brains at death”

# Ruolo Diagnostico

Control (??)

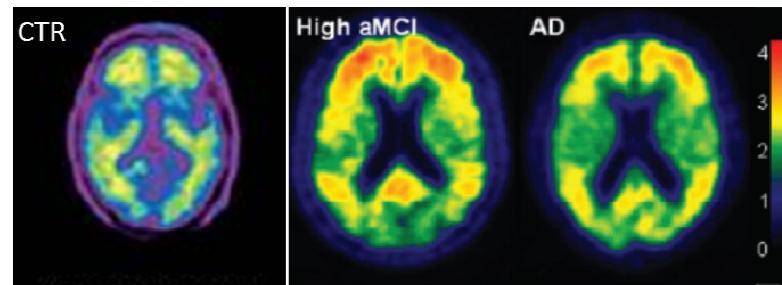
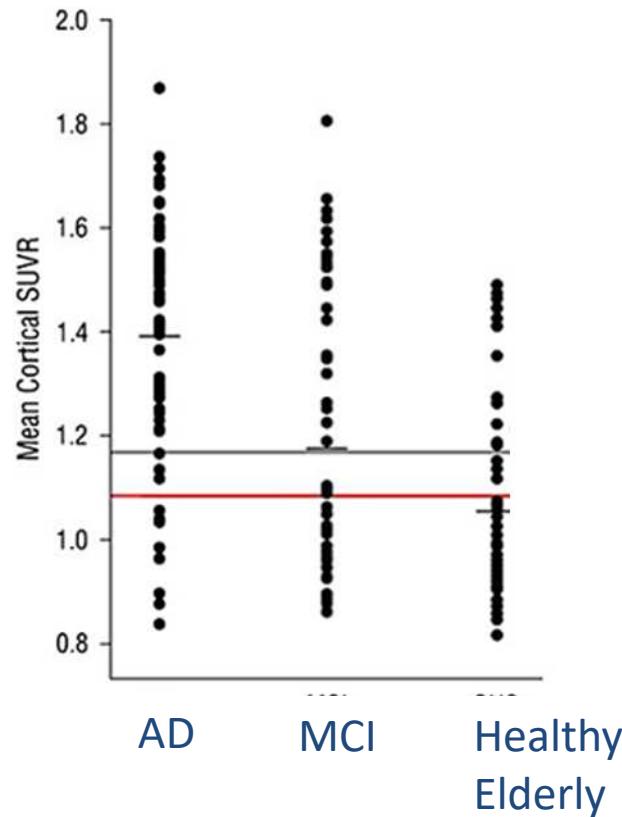


Rowe  
Lancet Neurology 2008

Clin. Dx	Normal	<u>Demented</u>	Demented	<u>Normal</u>
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N	10 (9)	51 (25)	12 (20)	5 (5)
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# Amyloid- $\beta$ imaging with PET in AD: is it feasible with current radiotracers and technologies?

Moghbel MC. Eur J Nucl Med Mol Imaging 2012



“Huge overlap among AD, MCI, and NC subjects which limits huge overlap among AD, MCI, and NC subjects, which limits PET imaging utility for diagnostic purposes”

# Amiloidosi Cerebrale: prevalenza 'secondo' la PET

Table 2. Clinical Measures<sup>a</sup>

Measure	Nondemented				Demented			
	n	Mean ± SD	n	Mean ± SD	n	Mean ± SD	n	Mean ± SD
Age (yr)	10	86.7 ± 3.9	19	83.8 ± 8.4	76	85.5 ± 7.1	32	85.7 ± 6.6
Function								
F1 <sup>b</sup>	8	1.2 ± 2.0	17	3.5 ± 4.1	63	8.5 ± 4.5	26	7.6 ± 5.2
F2 <sup>b</sup>	8	2.0 ± 2.6	16	3.5 ± 4.1	59	6.2 ± 4.0	25	4.1 ± 3.7
Blessed IMC <sup>b</sup>	10	3.8 ± 3.3	17	4.3 ± 2.8	60	22.7 ± 6.9	26	18.6 ± 5.8
Retrieval								
Five trials <sup>b</sup>	10	29.9 ± 12.8	17	26.8 ± 14.2	46	8.4 ± 10.3	18	17.2 ± 10.5
First trial <sup>b</sup>	10	5.3 ± 2.5	17	5.1 ± 2.1	46	1.8 ± 2.0	18	3.4 ± 1.8
Fluency (three categories) <sup>b</sup>	10	24.9 ± 8.0	16	29.4 ± 11.3	41	13.1 ± 7.4	17	14.4 ± 6.4

<sup>a</sup>Patients in Groups A, C = Alzheimer's pathology; B = no brain lesions; D = no Alzheimer's pathology.

<sup>b</sup>p < 0.001, comparison of groups using rank order (Kruskal-Wallis).

IMC = information-memory-concentration test.

Katzmann et al 1988

## Panel 1: Criteria for the appropriateness of routine clinical use of amyloid PET (according to Johnson and colleagues<sup>40</sup>)

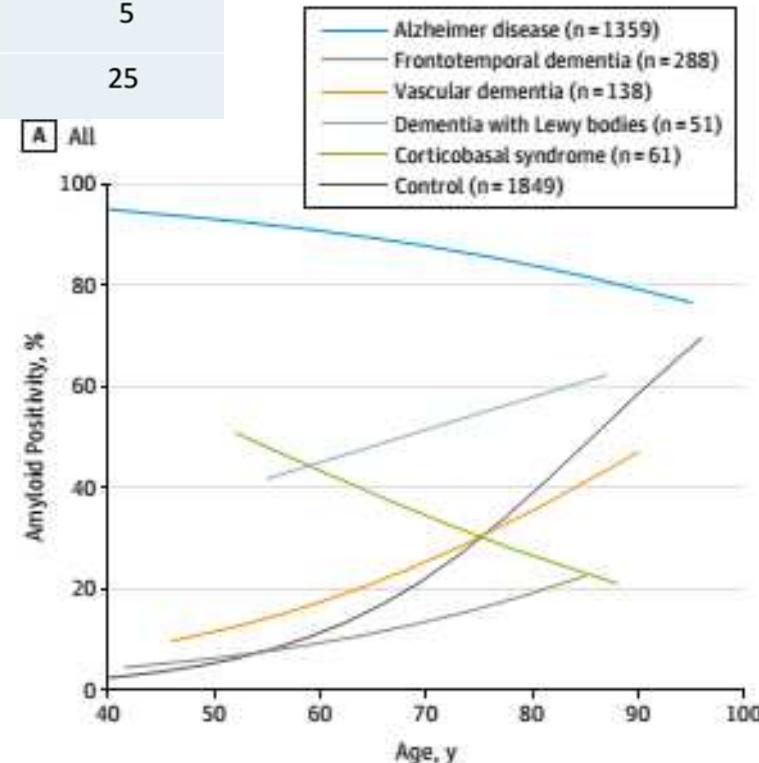
### Appropriate use of amyloid PET

2013

- Persistent or progressive unexplained memory loss
- Unusual clinical presentation
- Atypically early age of onset (before age 65 years)

### Inappropriate use of amyloid-PET

- In patients who are 65 years or older and meet standard definitions and tests for Alzheimer's disease
- In patients without clinical confirmation of cognitive impairment
- To determine dementia severity
- If requested solely on the basis of a family history of dementia or the presence of APOE ε4
- As a substitute for genotyping
- For non-medical reasons



Ossenkopelle et al JAMA 2015



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# Rilevanza Fisiopatologica

Clin. Dx	<u>Normal</u>	Normal	<u>Demented</u>	Demented
Path Dx	AD	No AD	AD	No AD
N	5 (5)	10 (9)	51 (25)	12 (20)
Age	87 (n=10)	84 (n=19)	86 (n=76)	86 (n=32)
Sex	7F	17F	62F	25F
BIMC	4	4	23	19
Retrieval	5	5	2	3
Fluency	25	30	13	14

Clinical, Pathological, and Neurochemical Changes in Dementia:  
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They had greater number of neurons  
 > 90 µm<sup>2</sup> as compared to age-matched nursing home control subjects.

Clin. Dx	Normal	Normal	Demented	Demented
Path Dx	AD	No AD	AD	No AD
MF small neurons	857	847	840	804
MF large neurons	137	111	99	120
IP small neurons	1103	879	863	844
IP large neurons	145	100	74	88
ST small neurons	814	788	796	785
ST large neurons	133	100	73	92

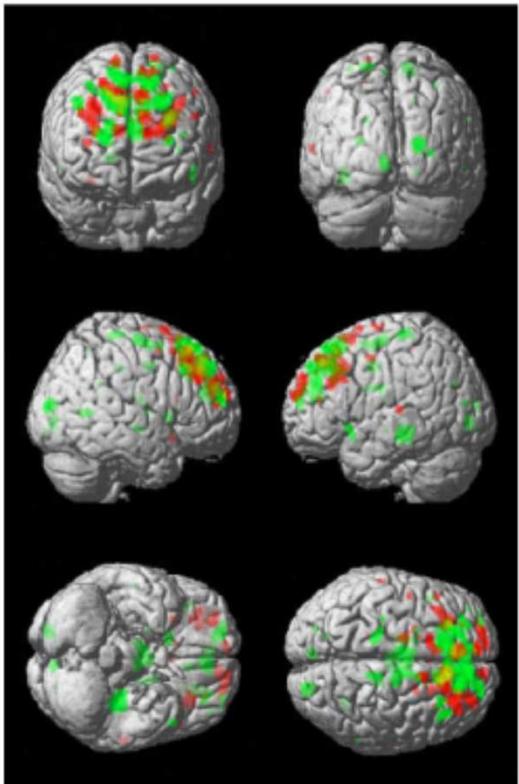
“...these people did not express the clinical features of AD as it might be said they had a greater reserve.”



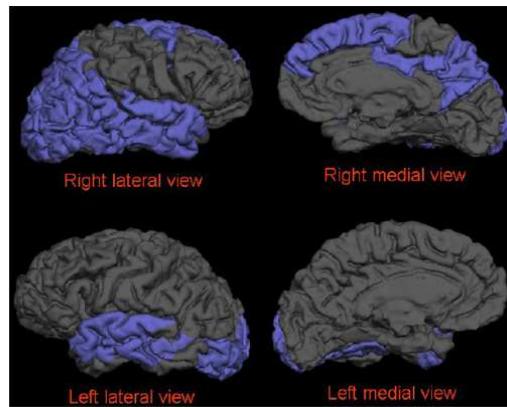
These people might have started with a larger brain and more large neurons  
(Katzmann et al 1988)

CR-related brain activation

Resting state fMRI



Structural MRI

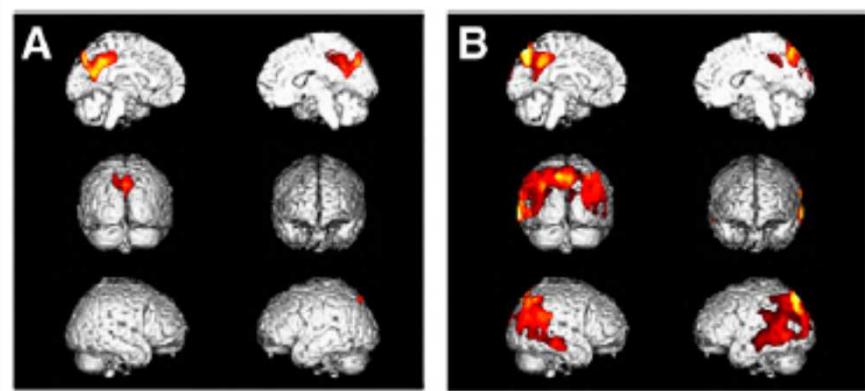


Liu et al 2012  
Neuroradiology

18F-FDG PET

Poorly Educated

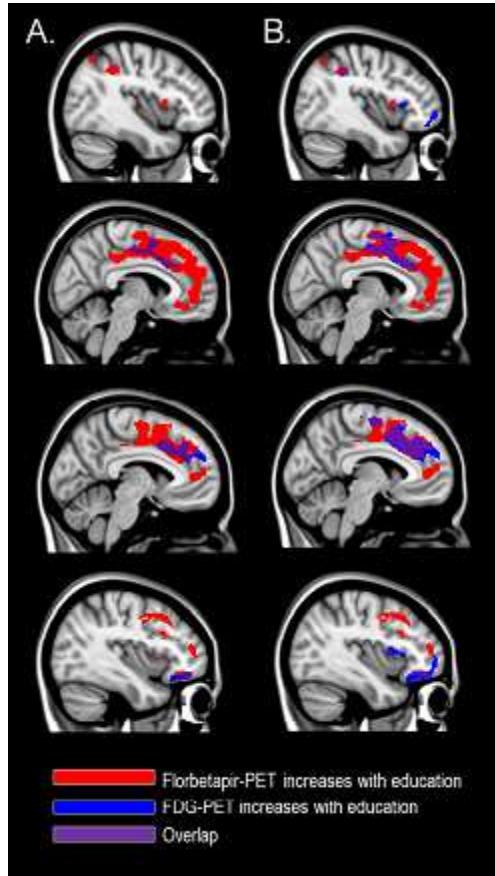
Highly Educated



Morbelli et al JNM 2013

# Riserva versus Resilienza

AMY+ MCI

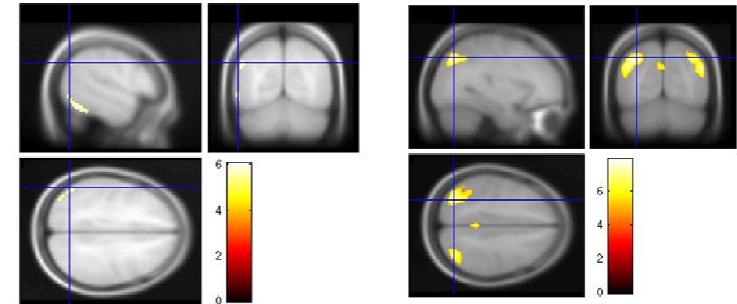


Arenaza-Urquijo et al  
Neurobiol Aging 2017 in press

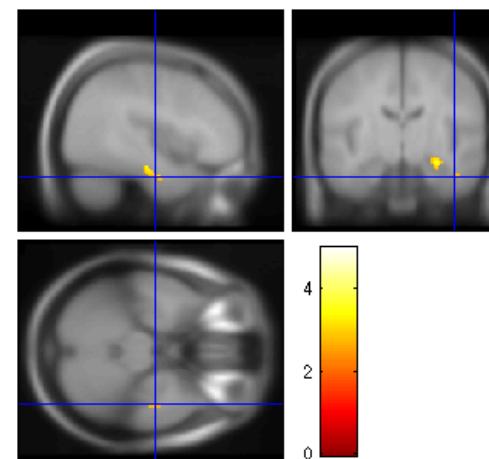
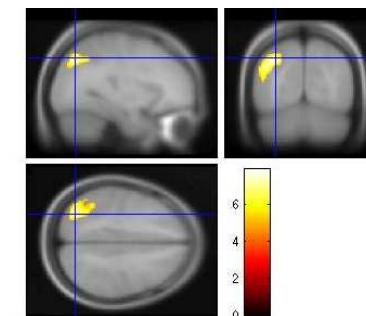
Preserved Metabolism in  
Exceptionally  
educated AMY+ MCI

CTR > LOW-EDUC MCI

CTR > HIGH-EDUC MCI



CTR > EXCEPTIONALLY EDUC AMY+ MCI



Bauckneht et  
al submitted



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## New Dementia Trials to Test Lifestyle Interventions

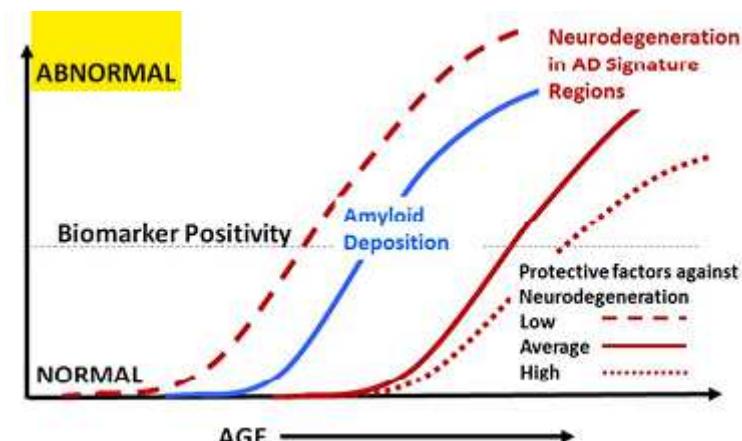
11 Aug 2017

Alzheimer's & Dementia ■ (2017) 1-8

Multidomain lifestyle intervention benefits a large elderly population at risk for cognitive decline and dementia regardless of baseline characteristics: The FINGER trial

**Introduction:** The 2-year Finnish Geriatric Intervention Study to Prevent Cognitive Impairment and Disability (FINGER) multidomain lifestyle intervention trial (NCT01041989) demonstrated beneficial effects on cognition. We investigated whether sociodemographics, socioeconomic status, baseline cognition, or cardiovascular factors influenced intervention effects on cognition.

**Conclusions:** The FINGER intervention was beneficial regardless of participants' characteristics and can thus be implemented in a large elderly population at increased risk for dementia.



# Grazie per l'attenzione ma soprattutto grazie a...



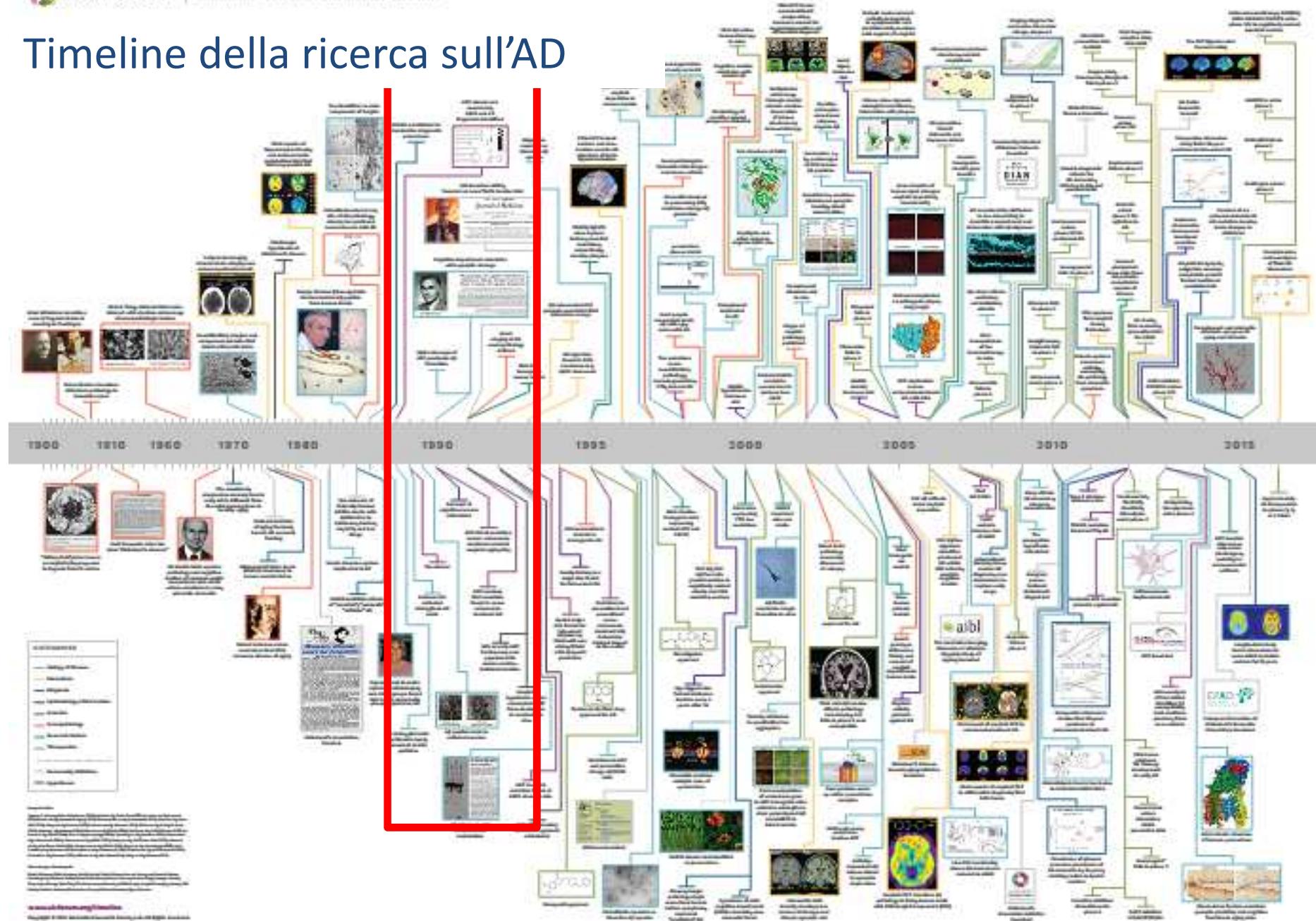
Peter Davies, Robert D. Terry, and Robert Katzman.



ALZFORUM

Celebrating 30 Years of Alzforum (1988 - 2018)

## Timeline della ricerca sull'AD



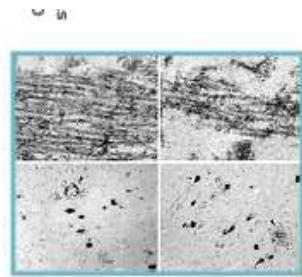


## IL CERVELLO CHE CAMBIA 7

Sabato 11 novembre 2017  
Genova, Aula Magna Clinica Neurologica

CERAD established to standardize diagnostic procedures

Tau identified as main component of tangles

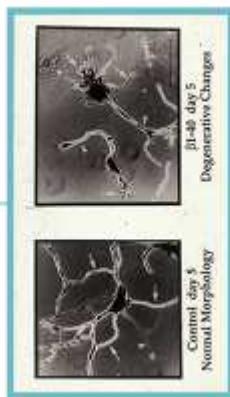


Braak staging of AD neuropathology defined

1980



1990



Α<sub>β</sub> peptide toxic to cultured neurons

NINCDS-ADRDA criteria of "possible", "probable", "definite" AD

Alzheimer's Association  
Founded