

**Respect Project (Cyprus, Croatia, Italy)**  
*Study Visit at the Genoa Birth Center*

***Perinatal healthcare perspectives in low risk childbirth: Reversing a standard paradigm?***

*A European update on clinical practice, organization and experience*

**A. Cagnacci, S. Morano**

**GENOA 17<sup>th</sup> September 2024**

Edificio 2 – Monoblocco Chirurgico, “Auletta”,  
Via Antonio De Toni 16, 16132, Genova

- 9.00** Registration
- 9.30** Institutional welcome
- 9.50** Introduction and presentation of the event (A. Cagnacci, Genova)
- 10.00** Lecture: How do maternal stress, mode of birth and breast feeding modulate health through epigenetics? (R. Gabbianelli, Camerino)
- 10.45** Discussion
- 11.00** The European project RESPECT: outline of the study from the delegates of the participating countries (S. Morano, Genova)
- The role of Cyprus (N. Middleton and E. Hadjigeorgiou, Cyprus)
  - The role of Croatia (B. Mrzic Jagatic, Zagabria, Croatia)
  - The role of Italy (S. Morano, Genova)
- 11.45** Discussion
- 12.00** Critical aspects and new challenges on natural birth for a positive childbirth experience: Clinical and academic aspects (F. Facchinetti, Modena; S. Morano, Genova; F. Prefumo, Genova; L. Ramenghi, Genova)
- 13.00** Light lunch
- 14.00** The-Italian BCs experiences
- Genova (V. Michelerio)
  - Torino (L. d'Antuono)
  - Firenze (M. Mariotti)
  - Modena (I. Neri)
- 15.20** Birth in low risk pregnancy. How to implement the request, and to grant the choice in the delivery room. (A. Cagnacci, Genova)
- 15.50** Management of birth. Experiences of other Countries:
- UK, London University (L. Rocca)
  - UK, Bournemouth. University (L. Iannuzzi)
  - Spain, Barcellona (R. Escuriet)
- 16.50** Cultural changes on birth after caesarean section (VBAC) in Italy. Follow-up of the Optibirth study (A. Melacca, Firenze)
- 17.20** Discussion
- 17.40** Birth as a positive experience (WHO): formation of physician and midwife.  
Round Table among delegates
- 18.30** End of the seminar



Università  
di Genova



OSPEDALE POLICLINICO SAN MARTINO  
Sistema Sanitario Regione Liguria  
Istituto di Ricovero e Cura a Carattere Scientifico



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## ***Perinatal healthcare perspectives in low risk childbirth: Reversing a standard paradigm?***

*A European update on clinical practice, organization and experience*

**A. Cagnacci, S. Morano**

**San Martino Hospital Obstetrics and Gynecology**  
**Academic Unit of Obstetrics,**  
Largo Rosanna Benzi 10, Pavilion 2

**GENOA 18<sup>th</sup> September 2024**

**10.00 Visit to the Birth Center of the Policlinic Hospital San Martino**

**11.00 Meeting with clinicians of the San Martino Hospital Perinatal Department at the **Multimedia Conference Hall, Clinic of Neurology** (Via Antonio De Toni, Genova)**

Main issues:

- Obstetric violence: how to fulfill the WHO recommendations
- Barrier in organization, sharing decisions, communication, and hospital organization.

**13.30 Light lunch**

**14.30 Balance of the experience**

**16.30 End of the visit**